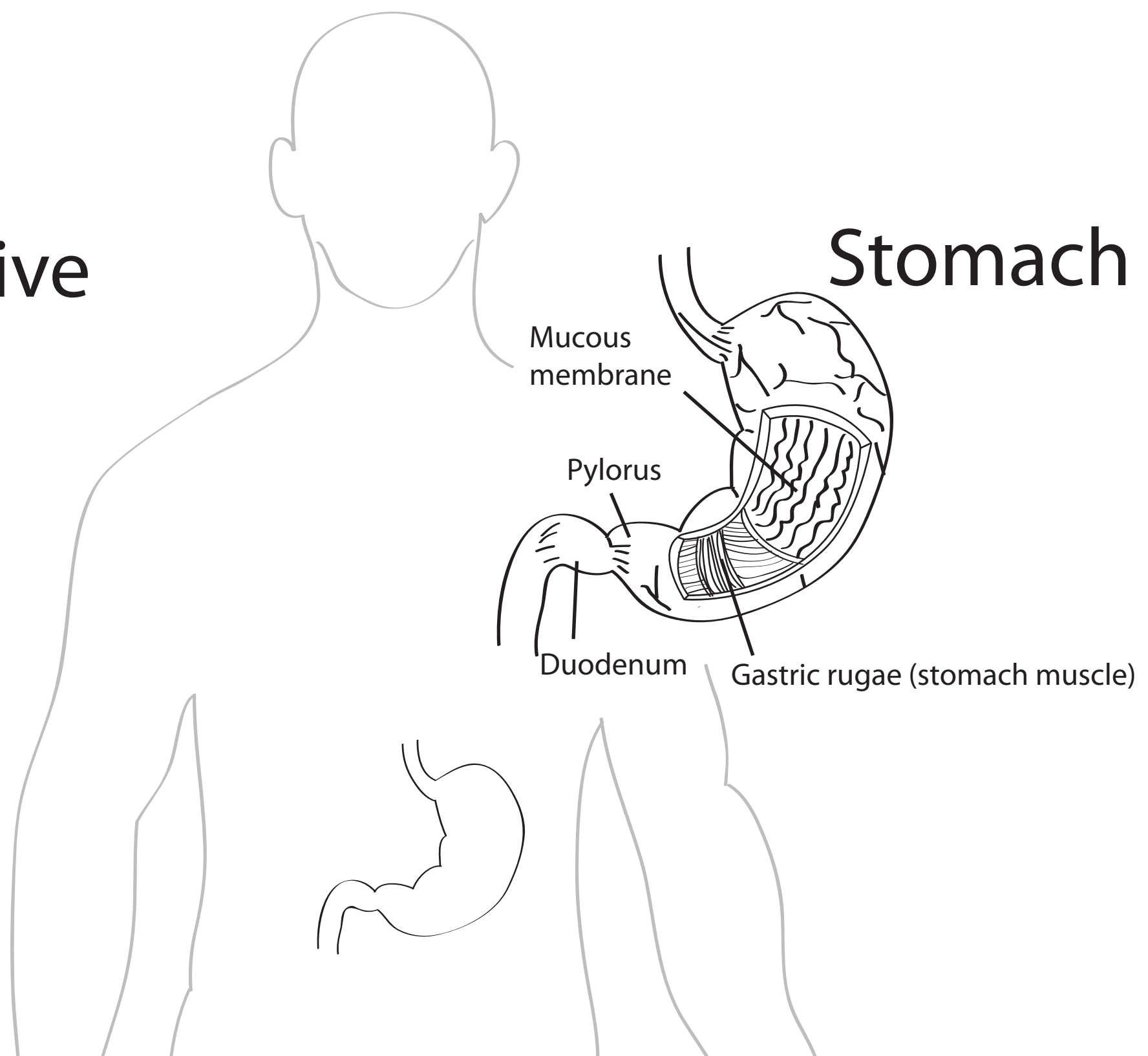


# The Digestive System



The stomach is a muscular organ part of the digestive system. It holds food and liquid and breaks these down into smaller particles, through actual movement of muscles inside the stomach and by creating enzymes and acids that help digest food. The stomach then controls moving food particles through to the lower parts of the body where nutrients can be absorbed.