

30 Foraging & Wildcrafting Freebies for Kids



Use these free printables, unit studies, lessons, and guidebooks to start teaching foraging and wildcrafting in your homeschool. Visit [An Off Grid Life: How to Use Foraging to Teach Your Kids](#) for more tips.

Foraging Printables for All Ages

[Wilder Child: Say Yes to Wild Foraging](#) (Free Printable: Safety Guidelines ages 4+)

[A Magical Life: Free Printable Foraging Record Pages](#)

(Free monthly Printable Foraging Records - four styles to choose from, all ages)

[Herbal Academy: 4 x 6 Printable Herb Flashcards](#) (Free Printable Herb Flash Cards for Kids 4+- Cinnamon, Anise, Chamomile, Elder, Mints, Lemon Balm)

[Dabbles & Babbles: Herbs - Which Ones Go Well With Which Foods?](#) (Free Printable: beautiful chart of 8 herbs for cooking with image and info on which herbs are best for which dishes)

[Sergei Boutenko: Wild Edibles Cheat Sheet](#) (Free Printable: Wild Edibles Cheat Sheet - poster including photographs of commonly-found wild edibles in North America. Suitable for all ages)

[Souly Rested: Blueberries for Sal Unit Study](#) (free printable and unit study on classic foraging storybook Blueberries For Sal - ages 3 to 7)

[Herbal Root Zone: Herbal Bingo Game](#) (10 Page PDF Printables - Herbal Bingo Game ages 5+)

[Herbal Root Zone: Herbs of Spring](#) (1 Page PDF Printable Herbal Spring Scavenger Hunt and Coloring Sheet - ages 3+)

[Wild Edible: Plant of the Month](#) (Free four-page guide and photos of the “wild edible plant of the month” from the club when you sign up to the newsletter. High school to adult)

[Herbal Academy: Herbs for Kids Word Search](#) (Free Printable Herbs for Kids Word Search)

[Learning Herbs: Herb Coloring Book](#) (Free Printable 12-Page Wildcrafting Coloring Book With Full Color Sample Images - includes Dandelion, Elder, Marshmallow, Plantain, and Violet - it's beautiful!)

[Herbal Academy: Plant Parts - Herbs for Kids](#) (Plants Part Coloring Sheet)

[Herbal Academy: Plant Identification Sheets](#) (Plant Identification Sheet - use for foraging, wildcrafting, notebooking, etc. Grades 1 - 8)

Free Unit Studies, Lessons & Guides

[Archives.org: Handbook of Nature Study](#) the classic by Anna Comstock. 968 page (!) PDF now in the public domain, with lots of good information and hand-drawn detailed images of wild greens and edibles. Popular with Charlotte Mason homeschooling families.

[Grinnell University Centre for Prairie Studies: A Beginner's Guide to Wild Edible Plants](#) (free eguide: 76 page PDF A Beginner's Guide to Wild Edible Plants. High school to adult. Includes four pages of photographs of commonly found foraged greens, recipes, and history of foraging for food and medicinal purposes.)

[The Herbal Academy: Introduction to Herbs for Kids](#) (Introduction to Herbs for Kids - free 8-part course - grades 2 through 8)

[The Holistic Homeschooler: Herb Nature Study](#) (8-page unit study with beautiful printables - Charlotte Mason-style and suitable for ages 6+)

[Teaching Mama: 10 Fun Activities With Dandelions](#) (Dandelion activities for preschoolers)

[Tina's Dynamic Homeschool Plus: Foraging & Feasting Nature Unit Study](#) (Free Foraging and Feasting Unit Study - grades 2 through 8)

[Bright Hub Education Plans: Learn the Plant Lifecycle Using Dandelions](#) (Dandelion lesson ideas for grades 3 - 5)

[Learning Herbs: Herb Fairies](#) (Herb Fairies: Book 1: free download of this fiction book from Learning Herbs. The 13-book Herb Fairies Series was designed to get children interested in learning about plants and healing herbs. Suggested for Grades 1 through 4)

[The Herbal Academy: Introduction to Herbs and Wildcrafting for Kids](#) (Lots of great tips and links to more resources on foraging and wildcrafting for kids (K to Grade 8))

[Of The Field Homeschool: Rules of Foraging](#) (More Foraging Safety - all ages)

<https://www.fantasticfunandlearning.com/spring-plant-activities.html> (Spring Plant Activities ages 5+)

<https://blog.mountainroseherbs.com/dandelion-flower-fritters> (Pancakes recipe- all ages with parental supervision)

<http://www.healthygreenkitchen.com/candied-violets.html> (Candied Violets recipe- all ages with parental supervision)

<https://www.kidsinthecapital.ca/blog/2016/5/25/family-friendly-fiddleheads-on-the-bbq> (Fiddlehead recipes - read safety tips carefully - all ages with parental supervision)

[Herbal Academy: Introduction to Herbs - 8 part course](#) (Free Course: Intro to Herbs for Kids - Part 1 - ages 9+)

[Judy of the Woods: Foraging Guide](#) (106-page Free Foraging Guide - 2 versions, one for North America and One for the United Kingdom - ages 13 through adult)

[Eclectic Homeschool: Botany Unit Study](#) (a very comprehensive unit study for older kids, Grades 6 through 12) although it could easily be adapted for younger children if you pick and choose activities.

[Table Life Blog: Dandelion Art Lesson](#) (Dandelion Art Tutorial for grades K through 8)